



# Burrito Buzz

Habanero's Grill

February 2010

The true test of intelligence is not how much we know how to do, but how we behave when we don't know what to do.

John Holt

## FREE Kisses In February

We are true romantics here at Habanero's. If you come to visit us any time in February you will receive a kiss from the cashier. We're not kidding!

Kisses for Mom, Kisses for Dad,  
Kisses for the Kids  
Even an extra Kiss for your Valentine!

At **Habanero's Grill** you get Great Food and FREE Kisses – Because you are a valued Valentine.

## Recipe of the month

Actually this is a salad dressing but it's great if you're making your valentine a home made dinner and you want to impress them.

### Mango Habanero Dressing

- 1 Mango –peeled, seeded, and diced
- 1 Cup white wine vinegar
- 1 Tbsp Dijon mustard
- 4 Tbsp lime juice
- 1 Tbsp brown sugar
- 1 clove garlic – minced
- 1 habanero pepper, seeded and minced
- 3 Tbsp cilantro, chopped
- Sea salt to taste

Peel and seed the mango, cut half into a small dice and set aside. Place the other half of the mango into a blender and add the next 6 ingredients and blend 10 seconds. Add the cilantro and remaining mango into dressing and stir. Add salt to taste and cover and refrigerate until needed.

## Valentines Day Catering??

Could you get any more romantic than a catered dinner for two from Habanero's Grill. Show her that "Size Does Matter".



Well, maybe a dinner for two from us is not the most romantic way to impress someone but we can certainly take care of your office group or party at home. Give us a call the next time you need lunch catered for 30 or dinner catered for 300.

It may seem early but we're already booking graduation parties.

**For more catering information call the original Habs at 499-0099 or The Rim at 699-4681**

## Hershey's Kisses

Hershey's Kisses, first made in 1907, are so named because the machine that makes them sounds as if it's kissing the conveyor belt. The small chocolates contain 25 calories - roughly the same amount that is supposedly spent in a one-minute romantic kiss. The company can make 33 million of these candies a day.

## Goodbye Neil we'll miss you

After 9 years of making dough, fixing broken equipment, covering for missing employees and working his tail off, Neil is moving on to his next venture in life. We wish Neil the best of luck. He'll be there until the 6<sup>th</sup> if you want to stop by and say adios.

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## It's Salad Month at Habs

We'll be trying lots of new twists on our salad menu so see what's new and let us know what you think.

## Lose 44 lbs in 90 days the Habs way

Losing weight or just eating healthier usually ends up at the top of peoples new years resolutions. But people think how can I do that and give up my favorite foods like big loaded sandwiches, giant plates of pasta and of course Habanero's burritos?

Over the next few months we'll reveal some of the secrets of Big Dave (who's not so big anymore) and Red and how between them they lost over 100 lbs in less than 4 months. More importantly they did it the Habanero's way.

Both had health reasons to lose weight but they both hated the options that were available. They didn't want to count points, they didn't want to buy frozen meals every day and they didn't want a dry, tasteless sandwich that left them hungry an hour after eating it.

Watch this column over the next few months and you'll see how with very little exercise Dave lost 44 lbs in 90 days and Red lost 70 lbs in 120 days. They did it by eating a tasty Habs meal almost every day. If you read closely you'll see how the HABS DIET resembles the best parts of Atkins, the Zone Diet and even the new Engine 2 diet plan. Watch closely because these guys may be the next Jerrod.

### How to increase productivity AND keep your New Years Resolutions with one phone call THE HABS DELIVERY OPTION

We'll be trying out a limited delivery service this month that will be offered at lunch for both locations. Now you can work through lunch and still get a tasty burrito delivered. You might even save money and lose weight since you won't be tempted by the snack machine. Call 499-0099 (West Ave) or 699-4681 (The Rim) for details.

### February Honor Roll

It was another great month for our top regulars. The top ten accounted for over 120 visits, got 16 free burritos, 20 free drinks and 18 free chips and quesos. Almost all saved money by being in the gold and platinum program. This month we have a special chocolate treat for all our gold and platinum members so don't forget to ask for it.

Our top ten guests last month were **Jacob Sanchez, Mike Calloway, Ray Teske, James McDonough, Bruce Johnson, Louis Luna, James McQuaid, Richard Solt, Fred Eckhardt and Michael Loewer.**

Some of our special deals this month include Two For Tuesday every Tuesday in February, student discount with a Habs card is free personal size chips and queso with any order over \$6 and our movie goers special is free extras up to \$1



So I guess this is the month that if you're one of the 10 people in the world that haven't seen Avatar, it's time to go see it. It will be the #1 movie of all time by Feb. 1. Personally, I don't get excited about live action Smurfs but I think I'm gonna have to see this one. If that's just not your thing than try one of our top picks this month. Our first pick in the month of romance is **Valentine's Day**. This is the most star studded comedy I have ever seen. Names like Julia Roberts, Taylor Swift, Kathy Bates, George Lopez, Jamie Foxx make this a great date movie. If you want more of a love story try **Dear John**. This movie about a soldier and his long distance relationship looks good. If you're looking for a family friendly movie try **Percy Jackson & The Olympians, the Lightning Thief**. There's a good chance your 2<sup>nd</sup> - 6<sup>th</sup> graders will know about this one. That leads to the Feb. trivia. *How many books has our young hero Percy Jackson been featured in?*

First ten correct answers have a chance for two FREE movie tickets and dinner for two at Habs.

Email correct answers to [burritoquy@habanerosgrill.com](mailto:burritoquy@habanerosgrill.com)

Congratulations to last month's winner **Vince Rosetta**

### Valentines thoughts

*No man is truly married until he understands every word his wife is NOT saying.*

## Become a Habanero's Grill Gold or Platinum MVP!

You wouldn't be getting this newsletter in the mail if you weren't already an MVP but are you taking full advantage with a Gold or Platinum membership? For \$20 a month you get at least \$44 of FREE food each year and for \$50 a month you get over \$110 of FREE food each year. If you want to make an investment that's safer than the stock market join our MVP Gold or Platinum Club. For more information ask the manager on your next trip to the restaurant



**save big!**

If you're already a Gold or Platinum member ask about your 2 or 4 ADDITIONAL FREE meals

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## Sealed with an X

The tradition of sending kisses by writing Xs on a note dates back to the Middle Ages, when illiterate peasants would sign documents with an X. To emphasize their commitment to what they signed, they would kiss the mark. In time, the X and the kiss became interrelated, and today even literate people use the X to "X"press affection.

## If you were born in February You share your Birthday with:

- |                        |                             |
|------------------------|-----------------------------|
| 1 – Lisa Marie Presley | 16 - John McEnroe           |
| 2 – Farrah Fawcett     | 17 – Michael Jordan         |
| 3 – Morgan Fairchild   | 18 – John Travolta          |
| 4 – Oscar de la Hoya   | 19 – Smokey Robinson        |
| 5 – Hank Aaron         | 20 - Cindy Crawford         |
| 6 – Ronald Reagan      | 21 – Jennifer Love Hewitt   |
| 7 – Charles Dickens    | 22 – Matt Childers          |
| 8 – James Dean         | 23 – George Frederic Handel |
| 9 – Carole King        | 24 – Paula Zahn             |
| 10 – Mark Spitz        | 25 – George Harrison        |
| 11 – Burt Reynolds     | 26 – Fats Domino            |
| 12 – Abe Lincoln       | 27 – Chelsea Clinton        |
| 13 – Stockard Channing | 28 - Mario Andretti         |
| 14 – Drew Bledsoe      |                             |
| 15 – Chris Farley      |                             |

## The Meaning and Origin of Purple, Green, and Gold in Mardi Gras

Rex selected the official Mardi Gras colors in 1872. The 1892 Rex Parade theme Symbolism of Colors gave meaning to the colors: **purple** represents justice; **green**, faith; and **gold**, power.

It's interesting to note that our Mardi Gras colors influenced the choice of school colors for arch rivals **Louisiana State University** and **Tulane University**.

When LSU was deciding on its colors, the shops in New Orleans had stocked up on purple, green, and gold material for the Mardi Gras season. LSU decided upon purple and gold, and bought much of it. Tulane bought much of the only remaining color -- green! (Their colors are blue and green.)

## Firming Your Abs

Want to tighten your stomach muscles? Try this technique used by belly dancers: take a deep breath and relax all your abdominal muscles, then exhale and pull them in as hard as you can, holding for several seconds. If you do three sets of eight a day, you should soon see results.

## February 18 is National Random Acts of Kindness Day

In honor of this special day we want to make it a little easier for you to do something nice for someone you may not know or rarely notice.

Fill out this certificate and give it to someone NOT in your immediate family. Make sure you put your name on it so it will be valid.

**GOOD FOR ONE FREE BURRITO!**

This gift was given to \_\_\_\_\_

By \_\_\_\_\_



This certificate expires February 28, 2010

Not good with other offers, can't be copied, limit one per HD member

## Habanero's News

February Business' of the Week are as follows:

Habs West Ave

Feb 1 -7 Anytime Fitness (Employees or members)

Feb 8 – 14 Sirius computers

Feb 15 – 21 Cavendar GMC/Pontiac

Feb 22 – 28 Sherwin Williams

Habs @ The Rim

Feb 1 – 7 Valero

Feb 8 – 15 Ranch at the Rim

Feb 16 – 21 Gunn Honda

Feb 22 – 28 Dick's Sporting Goods



**Come in on Valentines Day and earn a FREE burrito in our circle of love.**

Come stand in our circle of love with that someone special and show us all a good 10 second kiss and we'll buy you a free burrito for your loved one (as long as you bought one for yourself) Happy Valentines Day

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